



We're passionate about using the best produce we can find.

It's a long journey but we've met some wonderful folk along the way. We look for local, ethical, seasonal and amazing stuff and you can email [mark@urbanguild.co.uk](mailto:mark@urbanguild.co.uk) if you'd like any details on any of the suppliers and items we use. I'm the owner, I'm passionate and I'll do my best to answer any questions you have. Happy animals are important to us and we work closely with our butchers.

Thanks for being a customer. I genuinely love you for it! xx

# Breakfast menu



[www.urbanbeach.co.uk](http://www.urbanbeach.co.uk)

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URBAN GUILD

## Urban Beach Breakfast Menu

All eggs at the Urban Beach are free range from Flambards Farm in Hordle, our handmade sausages are pork & leek, and the bacon is smoked back bacon, both are from Cold Harbour Farm. Everything comes with a large dollop of Urban Beach love.

## Hotel Guests

If your room rate includes breakfast please help yourself to the buffet and order from the menu below as you wish. If not, you can still tuck in but simply let your server know if you would prefer to pay separately, or add your breakfast on to your room bill and pay on departure. Enjoy your morning x

### Our full English breakfast ☺

Dorset pork & leek sausage, smoked back bacon, two free range eggs, field mushroom, grilled tomato, hash brown, baked beans, buttered toast ..... 7.5

### Veggie breakfast ♡☺

Veggie sausage, field mushroom, two free range eggs, grilled tomato, hash brown, baked beans, buttered toast ..... 6.5

### Urban egg muffins ☺

Your choice of the classic Benedict, Florentine ♡ or Royale with poached free range eggs, toasted muffin, Chef's hollandaise ..... 7

### Eggs your way ☺

2 free range eggs done your way with buttered toast and one of the following ..... 5

- Pork & leek sausage
- Smoked back bacon
- Grilled tomato & field mushroom ♡

### Smoked salmon & scrambled eggs ☺

Free range eggs finished served on grilled sourdough with chives ..... 6.5

### Smoked herring ☺

Smoked herring simply grilled with a caramelised lemon & dill butter, crusty bread (add a poached egg 45p) ..... 6

### American style pancakes ☺

With fruit compote and maple syrup ♡ (swap compote for smoked back bacon 6) ..... 5

### Porridge

Porridge Oats, milk, served with a seasonal berry compote ..... 4.5

*If there is something else that you want that isn't on the menu please ask a member of staff.*

*If you have any allergen queries then just ask and we will gladly advise.*

## Hot drinks *(All our hot drinks are made using semi skimmed milk)*

*Our coffee is epic. It will make your day better. You'll find it easier to open your eyes, easier to talk to people, easier to tolerate nonsense. Really, it should be prescribed on the NHS. You won't find it anywhere else. It's better than Fairtrade. It's a single estate bean from a small farm in El Salvador. It's so good we bought the lot.*

### Espresso

The essence of the bean, extracted showing off all the flavours of our seasonal blend ..... 2.3

### Americano

Our espresso lengthened with water, served with our without milk ..... 2.5

### Cappuccino

Our espresso topped with equal measures of hot milk & luxurious rich foam topped with a light dusting of chocolate powder ..... 2.8

### Latte

Our espresso served with lashings of hot silky milk ..... 2.8

### Flat white

Our espresso served with velvety micro-foam milk ..... 2.7

### Mocha

It's our latte but with lashings of rich chocolate ..... 2.9

### Dorset Tea infusions

Dorset Tea / Earl Grey / Green / Wild About Mint / Foraged fruits ..... 2

### Hot Chocolate

..... 2.8

### White Hot Chocolate

..... 2.8

## Morning recommendations from our drinks list

**Fresh orange juice** ..... 2.9

**Hill Farm pressed apple juice** ..... 2.9

### Jungle bean frappe

Fresh double espresso, banana & milk ..... 3.9

### Green Reviver

Banana, curly kale, mango, lemongrass and apple juice ..... 3.6

### Carrot Boost

Pineapple, papaya, carrot, goji berry juice and apple juice ..... 3.6

### Prosecco *Spumante Extra Dry `Borgo Del Col Alto` NV (per glass)*

Pale and delicate with hints of flowers, honey and apple ..... 5

### Dave's Award-winning Dorset Bloody Mary

Dorset wasabi infused Ketel One vodka, Isle of Wight tomato juice, Dave's Bloody Mary mix. .... 8

### Breakfast Martini

Ketel One citroen, Ketel One oranje, Tiptree marmalade, lemon juice ..... 8